

Proposal For Middle School Pregnancy Prevention Program

An hour and a half assembly/two classes

Our goals: To demonstrate to teens why delaying sexual activity is beneficial for them.
To educate them on safe sex practices in case they decide to become sexually active.
To encourage them to be pro-active in their sexual decision making through the creation of a personal list of indicators for when to become sexually active.
To engage interested parents who wish to attend with their teen through a parent break-out session.

Why Shouldn't I be sexually active?

- Introduce the Partners, Children's Bureau, El Nido and Youth Support Association
 - Briefly tell who we are what we do
- Risk Factor's Pros and Con
 - Introduce our teen mother – let her tell her story briefly
 - Open up for questions from the audience
 - A white board can be used to list the positive items for becoming sexually active and a list of the negative items associated with becoming sexually active.
 - The discussion should include:
 - Physical maturity * Boys –
 - Mental/Emotional maturity Responsible to prevent Preg.
Myths – Can't get Preg. 1st time
Pimp Daddy!
 - Feels good
 - Brings me closer to my boyfriend
 - If I don't have sex my boyfriend will leave me
 - I need to feel loved/accepted (What is love?)
 - A baby will love me unconditionally
 - Makes me feel grown-up
 - I'm cool/popular
 - Mom, was a teen when she had me
 - Media Impact
 - STD's (safe sex practices)
 - Pregnancy *Boys -
 - Resources needed to carry a baby to term What does it do
 - Deliver a healthy baby to your future?
 - After Care (baby/mother/father) Fathering
 - Financial hardships (Sacrifices) Child Support
 - Social Stigma Marriage later?
 - What's my future? (Education & goals) Support 2 families
 - Sexual Decision Making
 - My personal list of indicators for when I will become sexually active (some suggestions are:)
 - My physical maturity

- My mental/emotional maturity
- My age
- Moral/Values
 - Am I in love
 - Is there a promise of some kind of future together
 - My Family's values
 - Religious or spiritual values
 - Society's values

Handouts include: Information from El Nido, Teen Talk, Personal Indicator form & evaluation of our presentation.